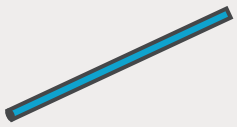
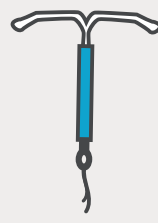
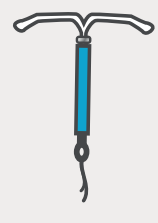
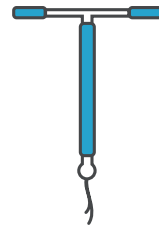
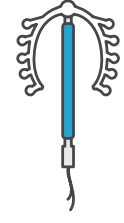
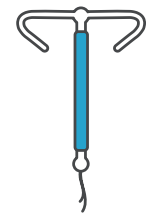


MEEST EFFECTIEF

LANGWERKENDE ANTICONCEPTIE - *Plaatsen en niet meer aan denken*

Implanon	Mirena	Kyleena	T-Safe	Multi-Safe	Flexi-T
					
Implantatiestaafje >99% effectief 3 jaar	Hormoonspiraaltje >99% effectief 8 jaar	Hormoonspiraaltje >99% effectief 5 jaar	Koperspiraaltje >99% effectief 10 jaar	Koperspiraaltje >99% effectief 5 jaar	Koperspiraaltje 99% effectief 5 jaar
HORMOONVRIJ					


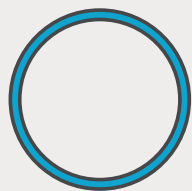
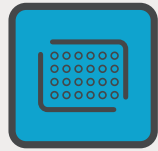
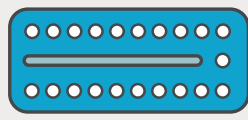
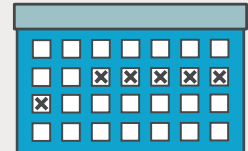
Wat is de kans dat ik zwanger raak binnen 1 jaar?

Minder dan 1 op de 100

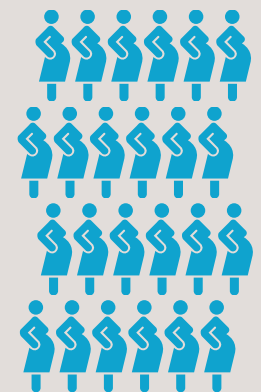


MINST EFFECTIEF

KORTWERKENDE ANTICONCEPTIE - *Werkt goed bij perfect gebruik*




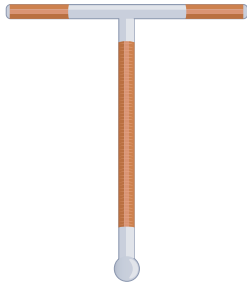
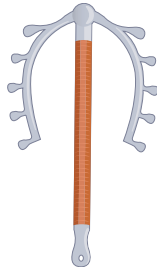
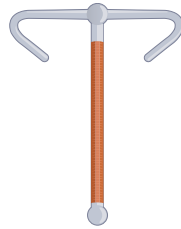
Prikpil	Anticonceptiering	Anticonceptiepleister	Anticonceptiepil	Cycle tracking
				
TU: 94% PU: 99,8% Na 3 maanden nieuwe prik	TU: 91% PU: 99,7% 1 ring per 3 weken	TU: 91% PU: 99,7% 1 pleister per week	TU: 91% PU: 99,7% Elke dag innemen	TU: 76% PU: 95-99,6% Elke dag cyclus bijhouden
TU = effectiviteit bij typisch gebruik in de praktijk PU = effectiviteit bij perfect gebruik zonder enkel foutje				

1 tot 24 op de 100


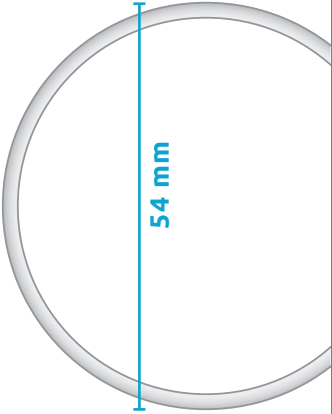
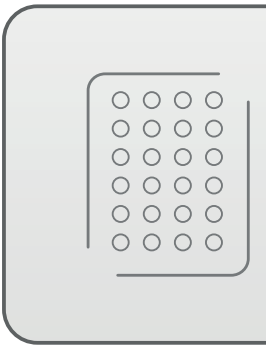


Bronnen: French, R. S. et al. (2004). Progestogen-releasing intrauterine systems versus other forms of reversible contraceptives for contraception. *Cochrane Database of Systematic Reviews*. | French, R. S. et al. (2004). Hormonally impregnated intrauterine systems (IUS) versus other forms of reversible contraceptives as effective methods of preventing pregnancy. *Cochrane Database of Systematic Reviews*. | KNMP Kennisbank (2020) | NHG-Standaard Anticonceptie (2020) | SmPC Kyleena (2020) | Trussell, J. (2004). Contraceptive failure in the United States. *Contraception*, 83(5), 397-404.

LANGWERKENDE ANTICONCEPTIE - *Plaatsen en niet meer aan denken*

Implanon	Mirena	Kyleena	T-Safe	Multi-Safe	Flexi-T
 40 mm	 32 mm	 28 mm	 32 mm	 20 mm	 23 mm
HORMOONVRIJ					

KORTWERKENDE ANTICONCEPTIE - *Werkt goed bij perfect gebruik*

Prikpil	Anticonceptiering	Anticonceptiepleister	Anticonceptiepil	Cycle tracking
	 54 mm	 45 mm	